WHAT IS CLAIMED IS:

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- 1. A method of producing a dairy product fortified with a fine powdered of calcium phosphate, comprising the steps of:
- A. providing a warm pasteurized milk blend having a temperature of 40°C to 60°C comprising a milk blend having a native calcium content and sufficient amounts of calcium phosphate in powder form comprising particles having a mean diameter of ≤6μm to provide a total calcium content of 125% to 500% of the native calcium content.
 - 2. The method of claim 1, additionally comprising the step of:
 - B. inoculating the warm pasteurized calcium phosphate fortified heat treated milk base with a starter culture to form an inoculated milk base.
 - 3. The method of claim 2, additionally comprising the step of:
 - C. fermenting the inoculated milk base to provide a yogurt.
 - 4. The method of claim 3, additionally comprising the step of:
 - D. cooling the yogurt to arrest the fermentation to provide a chilled yogurt having a viscosity of at least 1500 centipoise (at 5°C).
 - 5. The method of claim 3, wherein the fermentation step is practiced quiescently.
- 6. The method of claim 4 additionally comprising the step of: adding the chilled yogurt to a container to form a filled yogurt container.
 - 7. The method of claim 6 wherein the container is a cup.
 - 8. The method of claim 6 wherein the container is a flexible tube fabricated from a flexible film.
- 9. The method of claim 4 additionally comprising the step of:
 35 adding the inoculated milk base to a container prior to fermenting Step (.
 - 10. The method of claim 6 wherein the chilled yoqurt

additionally comprises a fruit sauce.

- 11. The method of claim 1 wherein the milk blend comprises mammalian milk.
- 12. The method of claim 1 wherein the calcium source is selected from the group consisting of tricalcium phosphate, dicalcium phosphate, their hydrates, and mixtures thereof.
 - 13. The method of claim 9 wherein additionally comprising about 5 to 15% by weight of the fermented dairy product of a fruit ingredient.
 - 14. The method of claim 13 wherein the fermented dairy product is a yogurt having a viscosity of at least 2300 cps (at 5°C).
- 15. The method of claim 6 wherein the fermented dairy product is a yogurt and wherein the yogurt is free of a fruit ingredient.
 - 16. The method of claim 6 wherein the calcium salt is tricalcium phosphate.
- 17. The method of claim 6 additionally comprising the step:
 20 maintaining the chilled yogurt container at about 5°C to about 10 °C.
 - 18. The method of claim 1 wherein the total calcium content ranges from about 0.25% to about 0.75%.
- 19. The method of claim of claim 1 wherein the milk blend 25 comprises at least one mammalian milk ingredient.
 - 20. The method of claim of claim 1 wherein the milk blend comprises at least one soybean milk ingredient.
 - 21. The method of claim of claim 1 wherein the milk blend comprises is chocolate flavored.
- 30 22. The method of claim 1, additionally comprising the step of:
 - B. cooling the calcium fortified pasteurized milk blend to about 1°C to 10°C to form a calcium fortified refrigerated milk.
- 35 25. The product produced by the method of claim 1.
 - 26. The product produced by the method of claim 3.

- 27. The product produced by the method of claim 4.
- 28. The product produced by the method of claim 7.
- 29. The product produced by the method of claim 24.
- 30. A fermented dairy product fortified with calcium comprising:

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- A. a quantity of fermented dairy product having a viscosity of at least 1500 cps (at 5°C), and
- B. sufficient amounts of calcium phosphate, dispersed in the fermented dairy product to provide at least 251 mg of calcium per 170g (up to 1500 mg calcium per 170g) wherein the particle size of the calcium phosphate comprises particles having a mean diameter of ≤bµm.
- 31. The fermented dairy product of claim 30 wherein the calcium phosphate is calcium phosphate tribasic.
 - 32. The fermented dairy product of claim 30 wherein the fermented dairy product is yogurt.
 - 33. The fermented dairy product of claim 30 wherein the dairy product is free of a fruit ingredient.
- 20 34. The fermented dairy product of claim 30 wherein the total calcium content is about 0.29 to 0.76% by weight.
 - 35. The fermented diary product of claim 31 wherein the calcium phosphate is evenly dispersed throughout the product.
- 25 36. The fermented dairy product of claim 30 wherein the pH of the product is about 4.4 to 4.6.
 - 37. The fermented dairy product of claim 30 additionally comprising a high potency sweetener.
- 38. The fermented dairy product of claim 32 wherein the yogurt is a stirred style yogurt product.
 - 39. The fermented dairy product of claim 32 wherein the yogurt is a cut set style yogurt product.
 - 40. In a method of producing a fermented dairy product by inoculating a pasteurized milk blend having a native calcium content and fermenting, the improvement comprising:

41. The method of claim 40 wherein the fermented dairy product is yogurt.

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- 42. The method of claim 41 wherein yogurt includes a live culture and has a viscosity of at least 2300 cps (at 5°C).
- 43. The method of claim 42 wherein the yogurt is free of a fruit ingredient.
- 44. The method of claim 42 wherein the calcium phosphate is tricalcium phosphate having a mean particle size of ≤ 5 μm .
- 45. The method of claim 44 wherein the yogurt is a stirred style yogurt.
- 46. The method of claim 44 wherein the yogurt is a cup set style yogurt.
- 20 47. The method of claim 46 wherein the added calcium comprises tribasic calcium phosphate.
 - 48. The product prepared by the method of claim 40.
 - 49. The product prepared by the method of claim 44.
 - 50. The product prepared by the method of claim 49.
- 25 51. The method of claim 42 additionally comprising the step of forming the yogurt into an aerated soft-frozen yogurt product having a density of 0.5 to 0.8g/cc and a temperature of -5 to -8°C.
- 52. A calcium fortified milk based food product exhibiting 30 improved nutrition and good organoleptic properties, comprising:

a pasteurized milk base comprising at least one milk ingredient and having a native calcium content, and sufficient amounts of sufficient amounts of calcium phosphate in powder form comprising particles having a mean diameter of $\leq b\mu m$ to provide a total calcium content

- of 125% to 500% of the native calcium content.
- 53. The food product of claim 52 wherein the food product is a fluid milk.
- 54. The food product of claim 53 wherein the fluid milk is refrigerated milk.

- 55. The food product of claim 54 wherein the pasteurized milk base comprises at least on mammalian milk ingredient.
- 56. The food product of claim 54 wherein the fluid milk is chocolate flavored.
- 10 57. The food product of claim 53 wherein the fluid milk is UHT milk.
 - 58. The food product of claim 52 wherein the food product is a cultured dairy product.
- 59. The food product of claim 58 wherein the cultured dairy product is a yogurt.
 - 60. The food product of claim 59 wherein the cultured dairy product is a cheese.
 - 61. The food product of claim 58 wherein the total calcium content ranges from about 0.25% to about 0.75%.
- 20 62. The food product of claim 52 additionally comprising a gelatinized starch.
 - 63. The food product of claim 62 wherein the milk is chocolate flavored.
- 64. The food product of claim 63 wherein the food product
 25 additionally comprises a sweetener and is in the form of a pudding.
 - 65. The food product of claim 52 wherein the milk ingredient includes a soybean milk.
 - 66. The food product of claim 59 free of calcium carbonate.
- 30 67. The food product of claim 59 wherein the yogurt is a cup set style yogurt.
 - 68. The food product of claim67 additionally comprising about 1% to 15% of a fruit sauce.
- 69. The food product of claim 59 disposed within a sealed container fabricated from a flexible film.
 - 70. The food product of claim 59 disposed within a sealed

- container fabricated from a flexible film in the form of a tube.
- 71. The fermented dairy product of claim 30 aerated to a density of 0.5 to 0.9 g/cc.
- 5 72. The fermented dairy product of claim 71 frozen to -15 to -2°C.